DISHES AND THEIR ALLERGEN CONTENT – St Luke's Park – April2025-October2025 - Week 2

DISHES						Lupin	Milk		MUSTARD			SESAME OL		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
General														
Grated cheese – mozzarella and chedder							✓							
Branston beans – small tin														
Caterer's Pride Reduced Sugar and Salt baked beans – large tin														
Yeo Valley Mango&Vanilla / strawberyy yoghurt							✓							
Muller Vitality creamy yoghurt							✓							
Muller Healthy Balance yoghurt mixed							✓							
Golden Acre Yoghurt – mix							✓							
Salad cart – cucumber/tomato carrots/Opies silver skin onion Cirio Sweetcorn / Alfees tomato sauce									✓					✓



DISHES						Lupin Flour	Milk		MUSTARD			SISAM OL		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Monday														
Pizza Whirl		✓					✓							
jus roll pastry / Seasoners Tomato and Basil sauce/Grated Cheese		✓					✓							
Cheesy pasta		√					✓							
Armando fusilli pasta / Grated cheese		✓					✓							
New potato salad Hellmans vegan mayo / spring onion / Green's sweetcorn									✓					
Cookie – Kerrymaid butter/Tate & Lyle caster sugar/Heygate self raising flour/egg/Dr Oeteker van essence/Chef William cinnamon		✓		✓										

DISHES					De la constantina della consta	upin Flour	Milk		MUSTARD			SSAME OR.		Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Tuesday														
Beef Lasagna		✓		May Contain			√		May Contain				May Contain	
Butcher's beef mince/Green's onions/Cambray garlic puree/Heygate plain flour/Grated cheese/semi skimmed milk/Kerrymaid butter/Armando lasgna sheets		✓		May Contain			√		May Contain				May Contain	
Vegetable Lasagna		✓		May Contain			✓		May Contain				May Contain	
Green's ratatouille/Green's onion/ Cambray garlic puree/Heygate plain flour/Grated cheese/semi skimmed milk/Kerrymaid butter/Armando lasgna sheets														
Broccoli Caterfood frozen baguette		✓												
Chocolate oatcake – Kerrymaid butter/Heygate plain flour/Tate&Lyle caster sugar/White's porride oats/Freshers's cocoa powder/Triple lion baking pdr/Tate& Lyle icing sugar		√		✓										✓

DISHES						Lupin	Milk		MUSTARD			SESAME OK.		Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Wednesday														
Roast Chicken – Olivers														
Quorn fillet vegan		√												
White potato														
Olympic Rapeseed oil														
Roverts frozen Yorkshire pudding		✓		✓			✓							
Greens peas / carrots														
Bisto gravy (GF)													✓	
Fresh fruit – Pineapple/melon water melon/grapes/orange														

DISHES						Lupin	Milk		MUSTARD			SEAME ON THE PROPERTY OF THE P		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Thursday														
Homemade Pork sausage roll	May Contain	✓			May Contain		May Contain	May Contain	May Contain				May Contain	√
Pork sausagement/Jus Roll puff pastry/	May Contain	√			May Contain		May Contain	May Contain	May Contain				May Contain	√
Pastry Cheese roll		√					√							
Jus Roll puff pastry/grated cheese		✓					✓							
McCain simply mash							√							
Caterfood mixed vegetables														
Angel Delight (GF)							✓							

DISHES						Lupin Flour	Milk		MUSTARD			SSSAM		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Friday														
Birds Eye fish fingers (GF)					√									
Crown Frozen omelette				✓			✓							
McCain SureCrisp chips														
Caterer's Reduced Sugar & Salt baked beans														
Fresh fruit Melon/pineapple/orange/apple/ Watermelon														

Review date: October 2025 Reviewed by: Catering Manager – Julie Willis

This form is a guide please contact Catering Manager for more specific Allergens.