



St Luke's Park Newsletter (32) 12.06.2026

Liberty Way, Runwell, Essex, SS11 7LH

Tel: 01268 436 050

Headteacher: Ms J. Kendall-Hobbs BA (Hons) PGCE MA (Ed)

Message from the Headteacher

Dear SLP Families,

Little Owls' Busy Week

Little Owls have been out on not one but TWO trips this week! Wednesday saw them joining other academy schools at Meadgate Primary for an EYFS sports morning and on Friday they went to Maldon on their class trip. The best part of my day today was the excitement from children on their return to school, full of news about their day. As a special treat, Miss O'Reilly and Mrs Heard had organised an ice cream making station in the classroom for their return. The EYFS team reported that the children behaved beautifully and all had a super day.

Marvellous Men

There is an opportunity this coming week for children to select a gift for the 'Marvellous Men' in their lives as our PTFA hold another gift sale. Thank you to the PTFA team for organising this and please support their efforts as all money raised goes directly to projects that improve the offer to children in school.

Healthy School

There is an exciting initiative coming up that will help encourage everyone to make healthy snack choices. Chef Julie has put together some information about this – please read on to find this, along with a recipe to try at home.

Secondary School Transition – repeat of info from last week

Our local secondaries are running events for year 5s this half term. Transition to secondary is given high priority in the Wickford area and there is a 'drop in' session for any parents wanting some advice or support in making applications to secondary school. This is on 14th July and there is a poster on the end of this newsletter with all the information.

Squishies and Squashies – repeat of info from last week

Please do NOT send your child to school with any items containing liquid or gel. When these items burst, they impact on the learning of others because school adults are then needed to help clean up unnecessary mess. If these items do come in they will be removed to the office. Parents will need to collect them at the end of the day, in person, from the office.

Park Run – repeat of info from last week

One of our fantastic year 5 prefects, Amelia, is passionate about sport and getting others to enjoy sports too. She had a brilliant idea to invite children to join her on her regular Park Run. We are working on finding a good date for this, **and are looking forward to September now as this point of the year is very busy**, but in the meantime perhaps you might like to sign up in preparation – or even go and take part before we organise a group gathering. Sign up here: <https://www.parkrun.org.uk/lakemeadows-juniors/>

Have a good weekend everyone,

Ms Kendall-Hobbs

Headteacher

Reminder:

All absences need to be reported each day before 9am by phoning the main school number or emailing admin@stlukespark.essex.sch.uk

If you have arranged for somebody else to collect your child, please ensure that you tell your class teacher or inform the main office who will pass the message on.

Good attendance and punctuality are key to ensuring children access the best education they deserve. **Please be aware that as a school we are obliged to follow rules on monitoring and reporting on attendance from government.**

We use a letter format from Essex County Council in order to meet our obligations in this area.

Please get in touch if we can do anything to support you in improving your child's attendance. If we invite you in for a meeting, please see this as an opportunity to access help and support from us if you need it.

Stars of the Week



This Week's Winners:

Little Owls – The whole class for responsibility

Squirrels – Hercules for collaboration and Chase for resilience

Hedgehogs – Ivy-Taylor and Brayan for Collaboration

Badgers – Pippa and Elliot for respect

Foxes – Jaden for collaboration and Avia for Courage

Woodpeckers – Penelope for individuality, Harley and Jackson for courage, Rose, Fletcher, Amelia and Elora for respect

Well done for setting such a good example with your kind and positive choices 😊

Certificates are awarded in line with our school values for:

Individuality

I am unique and special: nobody is exactly like me

Respect

I accept that people's thoughts, feelings and rights are important

Resilience

I recover quickly from difficulties because I believe in myself

Responsibility

I know I must make good choices and do my job

Courage

I am brave enough to do the right thing

Compassion

I care about those who are suffering

Collaboration

I work as part of a team to achieve the best results

Creativity

I use my imagination and have original ideas

Summer Term -

Dates for your diary

Sports Fixture Dates to Follow

*Text in red = Induction programme for Reception class intake
September 2026

15 th June	Rock Band Assembly and workshops in school
16 th June	Marvellous Men Our PTFA Marvellous Men stall will be open on Tuesday 16 June for the children to purchase a gift for one of the marvellous men in their lives. Please put £4 in a named envelope for that day. Correct money only, no change will be given. Money raised goes towards the PTFA pot.
17 th June	Year One Trip to Call of The Wild
17 th June	Year 2 Mini Olympics – Wickford Town Football Club
Week beginning 22 nd June	KS2 Academy Sports this week
Week beginning 22 nd June	Arts Week
25 th June	Parents only event 5:30 – 6:30pm. Please come to the main reception office to be signed in Parents/carers welcome talk & distribution of new starter packs.
26 th June	PTFA Summer Event Family magic evening with Magic Max
29 th June	3.20pm Art Gallery – Showcase to Parents to view arts week creations
2 nd July	Family event. New intake children, parents & siblings 3:30 – 4:30pm. Playground or hall depending on weather. Please enter via the main building A 'teddy bears' picnic for our new intake families to get to know us & each other. Please bring a teddy bear, a picnic rug & a few snacks for you & your child/ren for this informal gathering. (Please ensure that snacks do not contain nuts) Please enter via the main office so that we can sign you in.
3 rd July	Year 5 visit to Bromfords – taster day
6 th July	9.00am – Music concert for children who play piano and guitar with Essex Music services in school
8 th July	EYFS/KY1 sports day 9am start
8 th July	Year 3 Festival – Wickford Primary School
8 th July	Year 5 visit to Beauchamps – taster day
9 th July	Children Only Event. Children with surnames starting A – L 2:00 – 3:00pm. EYFS Classroom. Please come to the reception playground via the main gate on the front playground to drop off your child.

	An afternoon 'Stay & Play' visit for children only, half the class at a time
9 th July	KS2 Sports Day 9am start
9 th July	QMAT Athletics Great Baddow High School – PM – KS2 selected pupils
15/16 th	Reserve Sports Day for Ks1 15 th and KS2 16 th
16 th July	Children Only Event. Children with surnames starting M – Z 2:00 – 3:00pm. EYFS Classroom. Please come to the reception playground via the main gate on the front playground to drop off your child. An afternoon 'Stay & Play' visit for children only, half the class at a time
17 th July	Last Day of Term for Pupils / SPLASH RUN event in the afternoon
20 th July	INSET Day
3 rd September	Half the class for half the day. Morning session 9:30 – 11.30am. Please come to the EYFS gate to drop off your children for a 2 hour session. Collect from the same location afterwards. Children with surnames starting A - L
3 rd September	Half the class for half the day. Afternoon session 1:05 – 3:05pm. Please come to the EYFS gate to drop off your children for a 2 hour session. Collect from the same location afterwards. Children with surnames starting M - Z
4 th September	All of the class for a shorter day including lunch. 9:30am – 1:30pm. Please come to the EYFS gate to drop off & collect.
7 th September onwards	Full time for all children. Please drop off at the EYFS gate between 8:30 & 8:40am. Late arrivals must enter via the office. The school day ends at 3:05 for reception children. Please speak to us if you feel that your child/ren would benefit from a longer transition into school & we can discuss ways to accommodate this

PTFA News

Update from your PTFA Committee

We loved seeing everybody with their World Cup accessories yesterday! We hope the children enjoyed dressing up and we also raised almost £150 for the multipurpose outdoor classroom! If you forgot to donate you can still do so using this link

<https://www.peoplesfundraising.com/donation/world-cup-accessory-day>.

Our **Marvellous Men stall will be open on Tuesday** for the children to purchase a gift for one of the marvellous men in their lives. Please put £4 in a named envelope and send in with the children that day. Correct money only, no change will be given.

Tickets for our PTFA **Family Magic evening with 'Magic Max' on Friday 26th June** are on sale!

Gates open from 17:30 to 19:30. Show 18:00-19:00 on the school field - bring your own blanket. Tickets are £5 per person 3 years +. Kids 0-2 go free. There's an additional charge per ticket of 5% + 15p ticket for our ticket and platform costs. The PTFA bar will be open to buy snacks and drinks. Jones Pizza will also be on site selling fresh pizza. This event is open to the pupils of St Luke's Park Primary and their families only. For more info and to book visit <https://www.trybooking.com/uk/GLDR>

We will have a raffle on the evening for just £1 per ticket with some fab prizes donated already - but we'd love some more. If you are able to please donate any new and unused items that could be used in our Rainbow Hampers and drop to the school office.

Don't forget to follow us on Instagram

https://www.instagram.com/st_lukes_park_primary_ptfa?igsh=bHBleHZubDJ1ejYw

and Facebook

<https://www.facebook.com/share/1DuiEYkUY8/?mibextid=wwXIfr>

Your 25/26 Committee - Liz, Kirsty, Nicola, Claudia, Sam, Bessie, Kayleigh and Sophie



CELEBRATING OUR



MARVELLOUS MEN



PUPILS CAN SELECT A GIFT FOR ONE OF THE MARVELLOUS
MEN IN THEIR LIVES FROM OUR ST LUKE'S PARK PRIMARY
PTFA GIFT SHOP DURING SCHOOL HOURS

JUNE

16

£4 PER CHILD

PLEASE BRING CASH IN A NAMED ENVELOPE

In case you missed it - HAPPENING NEXT WEEK - SEND Roadshow for families at Silver End Village Hall

Please could we ask you to share this event with your families if you think it may be helpful to them?

Join us at the SEND Roadshow in Silver End

Date: Wednesday 17 June 2026

Time: Drop in anytime

- 9:30 AM - 12:30 PM (all ages)
- **Quieter times:** Prefer a quieter visit? Pop in after 11:30 AM.
- **Location:** Silver End Village Hall, 3 Broadway, Silver End, Witham, CM8 3RQ
- **Cost:** FREE

What to Expect:

Have questions about your child's needs and the best support available? The SEND Roadshow brings together a variety of professionals under one roof, including local support groups, education professionals, health teams, and social care teams.

You can:

- access support and information
- understand the different services available
- discover local support, such as parent groups and inclusive activities
- attend free talks

For more information on the event - including who will be there- take a look at: [Mid Essex SEND Local Offer Roadshow](#) | [Essex Local Offer](#)

We really hope you are able to share this with your families 😊

The Essex Local Offer Team

Helen, Jenny, Clare, Louise and Amie



Visit the [Essex Local Offer](#) website to find out more.



Tics & Tourettes Support Group

FREE

Would you like to meet others living with Tourettes or Tic disorders in a friendly and understanding environment? Come along for an informal chat in a safe and supportive space with no judgement or pressure.

Whether you have Tourettes or support someone who does come along and meet others who understand, share experiences and feel accepted and included.

We would love to see you

Next Sessions

Wednesday 24th June 13:00 - 14:30

Wednesday 29th July 13:00 - 14:30

Wednesday 26th August 13:00 - 14:30

Wednesday 30th September 13:00 - 14:30

More dates to be confirmed

No need to book

**All About Delivery Site
Leinster Road, Laindon SS15 5NX**

Any enquires please contact
staceyrandell@gmail.com
07947 777839



Dinners – Week 3 commencing 15th June 2026



St Luke's Park Primary School Autumn Term April 2026-October 2026 Menu – Week Three



	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pizza Whirl (Puff Pastry whirl with tomato and cheese filling) (v)	Spaghetti Bolognese (Beef Mince in Tomato Sauce)	All Day Breakfast (Bacon & Pork Chipolata)	*NEW* Beef Burritos	Bird's Eye Omega 3 Fish Fingers (GF)
Vegetarian	Cheesy Pasta (Plain pasta topped with grated cheese) (v)	Mince Quorn Bolognese (v)	Breakfast Burrito (Wrap filled with Beans & Cheese) (ve)	Mince Quorn Burritos (v)	Quorn Dippers (v)
On the Side	Pasta (v) Sweetcorn (ve)	Pasta (v) Baguette (ve) Broccoli (ve)	Hash Brown (ve) Scrambled Egg (v) Baked Beans (ve)	Sunshine Rice (ve) Salad Cart (ve)	NEW Oven Baked Chips (v) Baked Beans (ve)
KS2 Baguette	Choice of filling	Choice of filling	Choice of filling	Choice of filling	Choice of filling
Dessert	Lemon Drizzle Sponge Cake (v)	Fruit Whip (Angel Delight mixed with fruit) (v)	Fruit Platter (v)	Coconut Crumble Cookie (v)	Fruit Platter (ve)

Available daily – Salad Cart, Mixed Yoghurt, Fresh Fruit and Water

(v) Vegetarian

(ve) Vegan (GF) Gluten Free Week 3 Menu Dates: 27/4, 18/5, 15/6, 6/7

Message from Chef Julie

We are fast approaching another end of school year and I am already preparing for September 2026 looking at healthy snacks and healthier school meals.

The DfE School Food Department are in consultation with the Government around how to introduce more healthy, nutritious food for snack time and school lunches launching September 2026 introducing more fruit, and fibre and less sugar. At St Luke's Park we are already providing these choices i.e. fresh fruit and beans which are already within our menu's and of course we can always introduce more variety. Watch this space.

We have signed up for Snack-tember so hoping everyone will become involved in this important way forward for our children to eat more healthily.

What is *Snack-tember* all about?

We want to improve children and young people's knowledge, skills, confidence and motivation, so that they can make and choose healthier, more sustainable snacks.

Throughout September 2026, we will be helping children and young people to:

- **Explore** better snacking
- **Try** new snacks
- **Make** their own healthy snacks
- **MORE** vegetables and fruit
- **MORE** wholegrains, beans and pulses
- **LESS** saturated fat, salt and sugars

These are key contributors to healthier, more sustainable snacking!

Our aim is to help children and young people choose and make snacks that are healthy for them.

Some of you may have already noticed St Luke's Park now has a greenhouse which Miss Feagan and myself will be actively getting the children involved in our 'Farm to Fork' project educating the children on how to grow their own vegetables and showing them that food does not grow on a supermarket shelf!

Watch out for new ideas and recipes on our weekly newsletters for you to trial at home for the children to bring in for their morning snack.

Below is a very easy recipe for you all to try.

Fruit and oat bites

**Snack
tember**

Ingredients

100g canned mandarins, in juice
1 egg
60g sultanas
50g porridge oats
150g reduced-fat natural yogurt
1 x 5ml spoon ground cinnamon

Equipment

Weighing scales, measuring spoons, sieve or colander, chopping board, sharp knife, mixing bowl, mixing spoon, muffin tray, 2 x spoons, cooling rack.

Makes 6



Nutrition

One fruit and oat bite:

A 61g serving contains

Energy	Fat	Saturates	Sugars	Salt
403kJ 96kcal 5%	1.7g 2%	0.5g 3%	10g 11%	0.08g 1%

of an adult's reference intake

1.7g of fibre per serving

Method

1. Pre-heat the oven to 200°C/fan 180°C or gas mark 6.
2. Drain the mandarins.
3. Chop the mandarins into small pieces and add them to the mixing bowl.
4. Add the rest of the ingredients to the mixing bowl and stir thoroughly.
5. Spoon the mixture equally into the muffin tray.
6. Place in the oven and bake for 20-25 minutes until golden.
7. Remove from the oven and allow to cool for 5 minutes.
8. Use a spoon to loosen the bites from the muffin tray and transfer them onto a cooling rack.

Snack tip

The fruit and oat bites can be frozen and defrosted as needed. They defrost at room temperature in about 2 hours. Great to take with you straight from the freezer in the morning, and enjoy at breaktime!

Why not double the recipe so you have some extras?

SECONDARY SCHOOL ADMISSIONS ADVICE SESSION

SPECIALIST TEAMS FROM BOTH
BEAUCHAMPS HIGH SCHOOL
AND
THE BROMFORDS SCHOOL

EXPERT ADMISSION ADVICE

ARE YOU WORRIED ABOUT THE PROCESS?

CONFUSED ABOUT YOUR CHOICES?

DONT KNOW WHAT TO
AND WHEN TO DO IT?

DO YOU NEED HELP WITH
YOUR ONLINE APPLICATION FORM?

IF ANY OF THIS APPLIES TO YOU PLEASE
DROP IN TO SEE US

SEN & EHCP SPECIALISTS

ARE YOU WORRIED ABOUT WHAT
SUPPORT MAIN STREAM SCHOOL CAN
OFFER YOUR CHILD?

NEED ADVICE ON THE CONSULTATION
PROCESS?

NEED HELP CHOOSING THE RIGHT
SCHOOL FOR YOUR CHILD'S NEEDS?

TUESDAY 14TH JULY 9:30-11:30
DROP IN SESSION NO NEED TO BOOK
NEVENDON CENTRE
NEVENDON ROAD SS12 0QG



ST TUITION

THURSDAY AFTERSCHOOL

Get ahead for SATs and build confidence and enjoyment with ST Tuition. Small group sessions with personalised learning.

SESSIONS AVAILABLE

- English - Years 3 and 4
3:15pm - 4:15pm
- English - Year 5
4:20pm - 5:20pm
- Maths - Year 5
5:25pm - 6:25pm

**STARTING
8TH JANUARY**

**£20 PER CHILD
PER SESSION**

*Sibling and multiple
booking discount
available.*

Taught by a qualified teacher.

Contact Simon on:
07969 346597

Community Libraries Design a Bookmark Competition

We are delighted to announce the launch of a new competition aimed at younger residents of the Chelmsford district.

We're inviting Chelmsford's young people to design our next official bookmark as part of our **2026 Bookmark Design Competition**.

The competition is in celebration of the recent Community Book Boxes, which will continue to grow across Chelmsford's Parks, and in the lead up to this year's [Essex Book Festival](#).

There are currently book boxes at Central Park and John Shennan Field LNR, with more coming to Oaklands Park, Saltcoats Park and Tower Gardens later this year.

The competition has three age categories: Under 7 years

- 7–11 years
- 12 years and over

Prizes include book tokens and sketch pads, and the overall winner will have design printed and shared across our community book box network.

The competition opens Monday 11 May till Midnight Monday 15 June. More information and the entry form can be found here: [Design a Bookmark for Our Community Libraries! - Love Your Chelmsford](#)

Entrants can submit their forms to corporate.marketing@chelmsford.gov.uk or collect/drop off paper copies at Central Library Chelmsford (Essex Libraries).