# St Luke's Park Primary School
# Autumn Term October 2026-April 2027
# Week Three

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| ***Main*** | Pizza Whirl (Puff Pastry whirl with tomato and cheese filling) (v) | Local Butcher's Oven Baked Pork Sausage | BBQ Chicken Breast | Popcorn Chicken (chicken breast in mayo and panko breadcrumbs) | Bird's Eye Baked Omega 3 Fish Fingers |
| ***Vegetarian*** | Cheesy Pasta (Plain pasta topped with grated cheese) (v) | Quorn Sausage (v) | ***NEW*** Tomato and Mixed Bean ragu with Quorn Sausages(v)(P) | Mild Sweet Potat and, chickpea Curry (v)(P) | Baked Fishless Fingers (v) |
| ***On the Side*** | Pasta (v) Sweetcorn (ve) | Mashed Potato (v) Broccoli (ve) | Potato Wedges (ve) Carrots / Peas (ve) | 50/50 Rice (ve) Green Beans (ve) | Oven Baked Chips (v) Baked Beans (ve) |
| ***KS2 Baguette*** | Choice of filling | Choice of filling | Choice of filling | Choice of filling | Choice of filling |
| ***Dessert*** | ***NEW*** Sticky Chocolate Brownie (v) | ***NEW*** Chocolate and Courgette Cake(v) | Fresh Fruit (ve) | Yoghurt (v) | Fresh Fruit (ve) |

Available daily – Salad Cart, Mixed Yoghurt, Fresh Fruit and Water
(v) - Vegetarian (ve) - Vegan (GF) - Gluten Free (P)contains pulses
**Week 3 Menu Dates – 16th Nov, 7th Dec, 11th Jan, 1st Feb, 1std March, 22nd March**