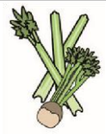
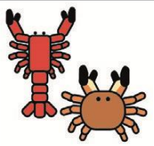
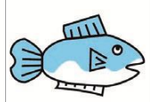
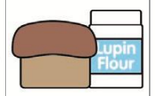
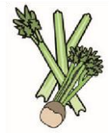
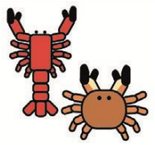
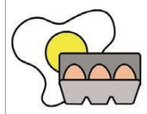
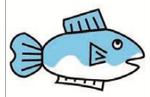
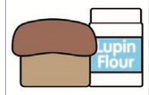
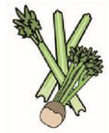
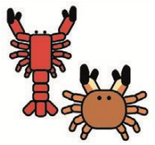
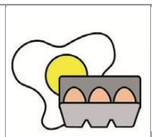
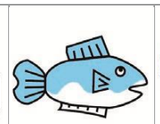
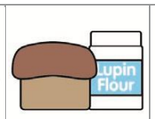
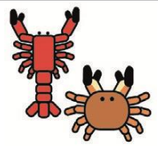
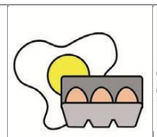
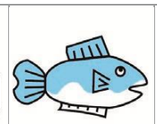
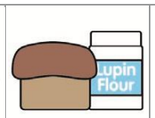
DISHES AND THEIR ALLERGEN CONTENT – St Luke's Park –October 2026-April 2027 - Week 3

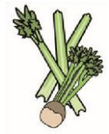
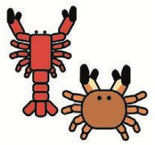
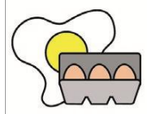
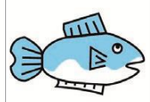
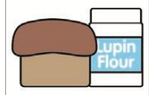
DISHES														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Molluscs**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur dioxide**
General														
Grated cheese – mozzarella and chedder							✓							
Branston beans – small tin														
Caterer's Pride Reduced Sugar and Salt baked beans – large tin														
Yeo Valley Mango&Vanilla / strawberyy yoghurt							✓							
Muller Vitality creamy yoghurt							✓							
Muller Healthy Balance yoghurt mixed							✓							
Golden Acre Yoghurt – mix							✓							
Salad cart – cucumber/tomato carrots/Opies silver skin onion Cirio Sweetcorn / Alfees tomato sauce									✓					✓
Caterfood Baguette – Ham / Pepperoni / Exton Cheese / egg	May contain	✓		✓			✓		May contain				May contain	

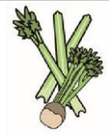
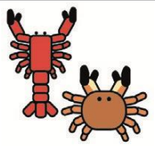
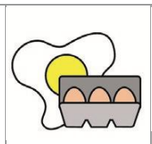
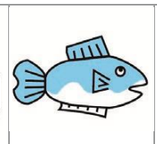
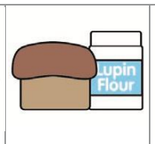
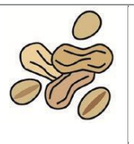
Food Standards Agency
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DISHES														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Molluscs**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur dioxide**
Monday														
Pizza Whirl		✓					✓							
Jus Roll pastry sheet / Caterfood Tomato & Basil sauce / Grated mozz and chedd cheese / Triple Lion fusilli pasta / Green's sweetcorn		✓					✓							
Cheesy pasta		✓					✓							
Triple Lion fusilli pasta / Grated mozz and chedd cheese		✓					✓							
Sticky chocolate brownie		✓		✓										
Buchanons chopped dates / Kerrymaid baking butter / Tate&Lyle dark brown sugar / Eggs / Heygate self raising flour / Freshers cocoa powder		✓		✓										

DISHES														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Molluscs**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur dioxide**
Tuesday														
Local Butcher's pork sausage	May contain	✓			May contain		May contain	May contain	May contain				May contain	✓
Local Butcher's pork sausage	May contain	✓			May contain		May contain	May contain	May contain				May contain	✓
Quorn vegan sausage		✓												
McCain mashed potato / Broccoli							✓							
Chocolate and Courgette cake		✓		✓										
Heygate self raising flour / Fresher's cocoa powder / Green's mixed spice / Pomace olive oil / Tate&Lyle caster sugar / eggs / Dr Oeteker vanilla essence / courgette /							✓							

DISHES														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Molluscs**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur dioxide**
Wednesday														
BBQ chicken														
Local butcher’s chicken fillet / Greens diced onions / Green diced peppers / Caterfood barbque sace														
Tomato & mixed bean ragu with Quorn vegan Sausage														
Maggi R&R tomato sauce / Cambray garlic puree / Green’s diced peppers / Green’s diced onion / Riverdene five bean salad														
Lamb Weston seasoned potato wedges / Green’s carrots / Green’s peas		✓												
Fresh Fruit														
Watermelon														

DISHES														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Molluscs**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur dioxide**
Thursday														
Popcorn chicken		✓		✓					✓					
Local Butcher's chicken fillet / Uncle John's Mayo / Panko breadcrumbs / Chef William breadcrumbs / Caterfood Basmati rice / Tilda 50/50 rice / Greens green beans		✓		✓					✓					
Mild sweet potato, chickpea curry	✓													
Sweet potato / Golden Palace coconut milk / Maggi R&R tomato sauce / Greenfields curry powder / Caterfood chickpeas / knorr vegetable stock cube / Caterfood Basmati rice / Tilda 50/50 rice / Green's green beans	✓													
Yoghurt							✓							
Selection of yoghurt							✓							

DISHES														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Molluscs**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur dioxide**
Friday														
Bird's Eye Fish fingers		✓			✓									
Birds Eye fish fingers / McCain surecrisp chips / Caterer's Pride reduced sugar & salt baked beans		✓			✓									
Baked Moving Mountains fishless fingers		✓											✓	
Moving Mountains fishless fingers / McCain surecrisp chips / Caterer's Pride reduced sugar & salt baked beans		✓											✓	
Fresh fruit														
Fresh fruit Melon/pineapple/orange/apple/ Watermelon														

Review date: October 2026 Reviewed by: Catering Manager – Julie Willis

This form is a guide please contact Catering Manager for more specific Allergens.